

Staying Kin'ected

President's report- January 2014

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Happy New Year one and all! Baby its cold outside! Good thing we have each other to keep us warm.

Winter has been a long cold one up here in the North Country but as always the Flin Flon Kinettes spread their warmth. We are so excited to welcome 3 more new members to our club. Kelly, Melissa and Stephanie your enthusiasm and willingness to help is fantastic. We hope you will enjoy your Kinette time for a long time to come!!

January went by in blur but that is a good thing for we are that much closer to spring! Our club is now gearing up for our annual Trivia night which we host in conjunction with the City of Flin Flon's- Bust the Winter Blues festival. This evening, though a lot of hard work, is also a lot of fun for our ladies. Trivia night is February 28th. We hope to see a lot of those 6 person teams joining us in the fun.

January 28th marked an important day for the Flin Flon Kinette Club. On this date way back in 1948 a group of lovely ladies from this community celebrated the Charter of our Club. It is quite an accomplishment

and speaks to the commitment of the ladies of Flin Flon for providing sixty six years of "serving our communities greatest needs." I am so proud to be able to count myself amongst these great ladies. I personally thank the founding executive; President- Lil Barr, Vice President- Lou Fabro, Secretary- Eileen Bingham, and Treasurer – Addie Plummer for laying the foundation of a great club. Here is to many, many more anniversaries!

As February now approaches I hope all of you will share in the Kin National day of KINDness and spread some warmth on these cold winter days!!

YIK

Lori

Flin Flon Kinette Club
District 2: Zone 1

Flin Flon Kinette Club

Meeting Minutes

January 14, 2014

Meeting started at: 6:34

In Attendance: Hollee, Corinne, Brandy, Krista, Jamie, Jill, Cari, Vanessa, Steph*, Kelly*, Michelle W., Amanda
*not registered yet

-Not enough members for a Quorum-

Sergeant at Arms: Corinne

Review of Nov. Minutes:

- No errors or omissions

Treasurer's Report: (Brandy) was presented

Secretaries Report (Hollie)

- Bills were given to Brandy
- Received letter from Kin Canada providing us volunteer insurance
-forwarded to Michelle T
- Received thank-you / Christmas cards from the Women's Resource center & the Food Bank

Risk Management (Michelle T)

- Not in attendance

Membership (Krista)

- members were removed from the Roster as per Lori N
- Lost her binder and needs new members to resubmit registrations

Green(Vanessa)

- Resolutions for Jan
 - growing your own produce
 - using reusable bags
 - being strategically organic

District 2

- Emailed Lori N a letter from the National Service Director to forward everyone
- Zones will be held in Flin Flon
 - Krista, Corinne, Vanessa will organize
 - Michelle W will find the info re. Speakers Competition

Committee Reports

Movie Nights (Tavvia)

- Not in attendance

Trivia Night

- Feb. 28, 2013
- Amanda emailed letters to everyone for Penny Parade donations
 - asked everyone to take another business to help out
- Hollee took care of the Liquor licence

Please have your donations to Amanda by next meeting

Old Business**House Rules**

- Tabled until Executive meeting

Kin Park

- Marlene emailed Jill wanting to put forth a motion to install an accessibility swing
 - cost including taxes will be \$698.34
 - Kinsmen will also be putting forth a motion
 - not enough members present at meeting, table until February

New Business

- Jamie will send out an updated contact list as the current one is a few years old
- Members in attendance signed a petition that had been emailed asking for support to have a Gold ribbon on either a coin or stamp
 - Cari will mail

Donation letter

- Jill received a letter from a Social Worker in Creighton regarding a Flin Flon family who has had a rough few weeks and were already in need and asking for support for them
 - discussion was had regarding the possibility of donating a \$150 gift card
 - doodle poll will be sent out
- Kelly asked about the possibility of having the Kinettes bartend her wedding in June
 - Members in attendance said it will happen
- Jill, Brandy, Hollee and Vanessa will organize this year's Great Strides

Sunshine:

- Amber was absent

Good of Kin

- January 28 is Flin Flon Kinette 66th Anniversary
- Corinne's son is now eating solid food

Sergeant at Arms Report: \$20.10

Meeting Adjourned: 8:10

Next Meeting: Feb.11, 2014

*January 28th is the Flin Flon Kinette Club's
66th anniversary*



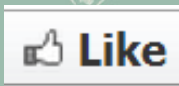
#ARE YOU A FOLLOWER

Kin Canada is media savvy!

You should:



@KinCanada on
Twitter



Kin Canada on
FaceBook



FF Kinettes -
Movies for a Cause
on FaceBook

Social Media Blitz

Join the online flash mob! Sign up with Thunder-Clap at <http://thndr.it/1eHeHm9> to join the online campaign to help spread awareness about getting involved with Kin Canada.

At 3pm EST on February 20th, 2014 (Founder's Day) a single message will be blasted across social media accounts that sign up to our Thunderclap, resulting in a sort of online flash mob.

The more people who sign up, the bigger our reach will be.

The message will say

**“Be more than a volunteer. Join the family of Kin.
#KinCanada”**

and include a link to the Get Involved page on our website.

Did you Know?

KIN CANADA HAS



2,084 likes



And

644 Followers

Better Your Community

***“Be more than a volunteer. Join the family of Kin.
#KinCanada <http://thndr.it/1aN7BZa>”***

Join Kin Canada in sharing this message together at the same time - automatically.



SUPPORT WITH

TWITTER



FACEBOOK



TUMBLR



[Invite friends](#) [Embed](#)

You will allow Thunderclap to share this message once on your behalf, along with other supporters.
If the goal is not reached, no message will be shared. [About Support & Privacy](#)

THUNDERCLAP AMPLIFIES YOUR MESSAGE WITH THE POWER OF THE CROWD



WHAT IS THUNDERCLAP?

Thunderclap is the first crowd-speaking platform that helps people be heard by saying something together.

HOW DOES IT WORK?

If enough people support it, Thunderclap will blast out a timed Facebook Post or Tweet from all your supporters, creating a wave of attention.

WHO'S USING IT?

From **passionate individuals** with a message to share, to organizations such as **The White House**, **Levis** and the **United Nations**.

District Convention
May 29 – 31, 2014
Thunder Bay






District Convention 2014

Thunder Bay, ON

District Convention will be in Thunder Bay starting May 29th and coming to a close at the Governor's Ball on May 31st, 2014. There will be lots of fun, fellowship and I'm pretty sure we will even get some business done 😊

January 2014

Sun Mon Tue Wed Thu Fri Sat

			1	2	3	4
5	6	7	8	9	10	11
12	13	 Kinette Meeting	15	16	17	 Movie Night
19	20	21	22	23	 Movie Night	 Movie Night
26	27	28	 Executive Meeting	30	31	

February 2014

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						 1 Amanda's B-day
2	3	4	5	6	7	8
9	10	 Kinette Meeting	12	13	 14	15
16	17	18	19	20	21	 22 Movie Night
 23 Movie Night	24	25	26	27	 28	

Next Kinette meeting is

February 11, 6:00 p.m.

@ The Vic Inn

Are you ready for Trivia Night?
Get your thinking caps on and
LET THE GAMES BEGIN

GETTING GREEN

In your Grocery Store

To organic or not to organic, that is the question

CLEAN FIFTEEN™



Kiwi



Asparagus



Eggplant



Mangos



Avocados



Grapefruit



Mushrooms



Cabbage



Pineapples



Onions



Cantaloupe



Sweet peas - frozen



Papayas



Sweet Corn



Sweet potatoes

You never need to buy the **'clean 15'** organically grown.

The **'dirty dozen'** are the most Contaminated fruits and vegetables. You should try to buy them organically!



Check out these tips!

- ⇒ Grow your own produce. You can grow fruits, vegetables and herbs in a variety of containers.
- ⇒ Bulk up. Bulk items are often cheaper and have less packaging. If you buy it often, buy in bulk.
- ⇒ Befriend your freezer. You can save money by buying organic fruit and vegetables "in season" and freezing them.

DIRTY DOZEN PLUS™



Grapes



Peaches



Apples



Potatoes



Hot peppers



Celery



Spinach



Nectarines - imported



Cherry tomatoes



Strawberries



Kale / collard greens +



Cucumbers

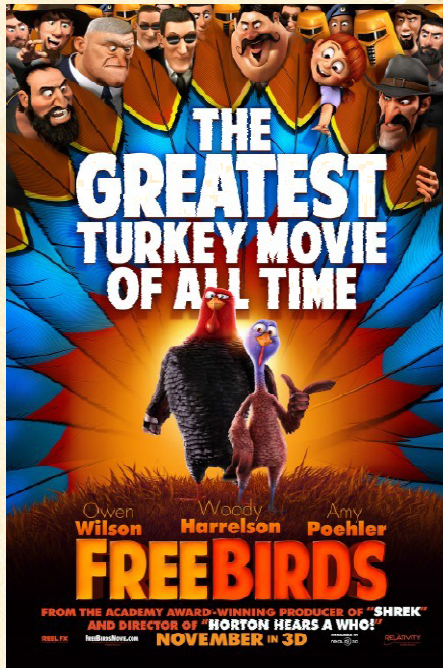


Sweet bell peppers



Summer squash +

On the Big Screen



Saturday,
January 18th

Free Bids

5:50 p.m.

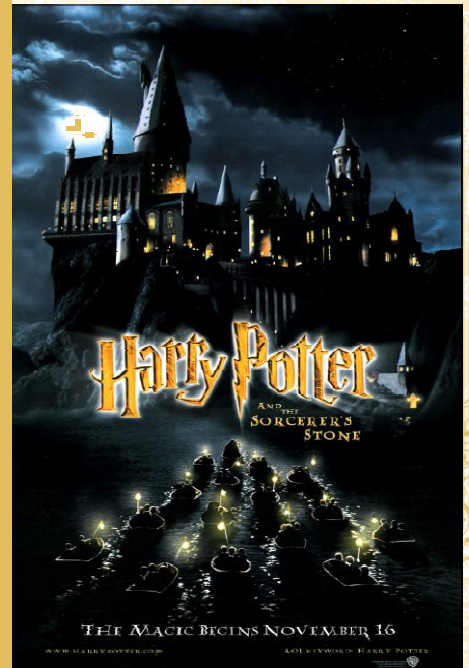
Rated G

Harry Potter and
The Sorcerer's
Stone

7:30 p.m.

Rated PG
(Admission \$4)

Concession
Available



Cloudy with a
Chance of
Meatballs 2

Friday, January 24th

6:00 p.m.

And 7:45 p.m.

Rated G

The Hunger Games:
Catching Fire

Rated PG

Coming Soon (February 22,23)

Concession
Available



Operated by the *Flin Flon Kinette Club: Movies for a Cause*



For more info, call: 204-271-2183 - Admission \$6 each per movie, Seating is limited – Hapnot Theatre, 115 Green Street

30 for 30

When I realized that I was a few points short for the Maple Leaf Award I began to look at what I could do in the month and a half that I had left. At first I did not want to write anything because I have trouble ending stories, however, the more I thought about it the more ideas I had. I decided to put pen to paper and here we are.


In honour of my upcoming second 29th birthday, I decided to take a look at the reasons why we join Kin. There are the obvious answers, 'helping the community', 'my friend is a member', 'I needed to get out of the house', but what about the others? Are there 30 reasons to join and stay with Kin? Personally my reason for joining and staying are the two answers that I was hoping to avoid. To find my answer I asked various members throughout District 2 for answers to "Why did you join Kin" or "Why did you stay with Kin", a sample of some of the responses include

1. Kin made a donation to my family while my child needed surgery
2. I was blatantly told by a friend that I was joining
3. I wanted to connect with other business contacts within the community
4. I took my community for granted and now wanted to give back
5. I wanted to have 'girl time'
6. I was new to the community and wanted to meet new friends
7. I found Kin gave me a sense of being during a rough time in my life
8. Family members who live with Cystic Fibrosis
9. I stayed with Kin because the members have become my family
10. It was hard to turn down a fly-out fishing trip being offered
12. The Rotarians are too old
13. My parents were a part of Kin growing up so I decided to join
14. I joined because I had seen Kin members giving back selflessly to the community
15. I look good in red

As I began to receive responses I noticed an overwhelming trend, Kinship and helping the community are the main reasons why we join and stay with Kin. While I was hoping that I would find 30 non-obvious answers, I am glad that I did not. This organization was created almost 100 years ago with those two goals in mind and they are still the foundations today. My reasons for joining Kin are the same as many other members, Kin is a younger group of people than other service clubs, I wanted to continue to volunteer and give back to the community and finally Tim is a Kinsmen.

-Submitted by Hollee

The above article was submitted by a Flin Flon Kinette member. Did you know that not all articles need to be written by the bulletin editor? ... it's true! **YOU** can submit an article or even an idea for an article whenever you want. Now I know you are all rushing to write something right now and eager to see your thoughts in print. With that in mind please don't be disappointed if you don't see your article in next month's bulletin, I will have sooo many that I will need to juggle them over a few months. Thanks in advance for your submissions. :)



The Ladies and their titles

President: [Lori Neault](#)
 Vice President: [Jill Rideout](#)
 Treasurer: [Brandy Reid](#)
 Secretary: [Hollee Babcock](#)
 Risk Management: [Michelle Taylor](#)
 Registrar: [Jamie Simard](#)
 Bulletin Editor: [Corinne Mathews](#)
 Membership: [Krista Eastman](#)
 CF: [Brandy Reid](#)
 [Jill Rideout](#)
 Green Initiative: [Vanessa Unrau](#)
 Kin Park: [Marlene Gogal](#)
 Christmas Trees: [Michelle Taylor](#)
 [Corinne Mathews](#)
 [Tauvia Alexander](#)
 Movie Nights:

Trivia Night:
 Sunshine:
 Deputy Governor:
 Governor:
 Members at Large:

[Marlene Gogal](#)
[Amber Jessup](#)
[Michelle Winton](#)
[Diane Therien](#)
[Cari McLean](#)
[Lori Stevens](#)
[Sharon Kotz](#)
[Amanda Masson](#)
[Kelly Carrington](#)
[Steph Taylor](#)
[Melissa Danis](#)
[Britt Jones](#)

Bulletin Editor
 Corinne Mathews
 326 Prince Charles Pl.
 Flin Flon, Mb. R8A 1S9
 Phone: 204-687-6924
 E-mail: cmathews@ffsd.mb.ca

Club President
 Lori Neault
 142 Riverside Dr.
 Flin Flon, Mb. R8A 0L9
 204-687-5355



Flin Flon Kinette Club
 District 2: Zone 1

*"Serving the community's greatest
 needs"*